

## About The Toledo Clinic...

The Toledo Clinic is a multi-specialty group practice, consisting of approximately 250 independent physicians and associated healthcare professionals, practicing in 40 medical and surgical specialties, at more than 60 locations, across northwest Ohio and southeast Michigan. We have been providing exceptional medical care at low costs for almost 100 years.

The Toledo Clinic has provided diagnostic radiology services for many years. Both of our mammography locations are accredited by the American College of Radiology, and equipped with 3D, or breast tomosynthesis, mammogram units. Our 3D mammograms are interpreted by highly specialized board certified radiologists, who are fellowship trained in multiple radiology specialties, including mammography. We offer an accurate and speedy check in process with close parking for ease of access in a comfortable setting. Our board certified mammography technologists are friendly, professional, knowledgeable, caring and experienced.

### The following services are also available:

- CT
- PET/CT 64 Slice (Maumee Only)
- High Resolution 3D Mammography
- Ultrasound
- General Radiology
- Dexascan (Bone Mineral Density)
- Diagnostic Nuclear Medicine
- MRI
- Fluoroscopy, Barium Studies, Special Procedures (Maumee Only)
- Breast Biopsies (MRI, US, Mammography)

A full service laboratory is also available.

## Your Appointment...

is scheduled at  
The Toledo Clinic  
Imaging Center

- 4235 Secor Rd, Bldg 1, Lower Level, Toledo
- 1200 Medical Center Parkway, Maumee

Date: \_\_\_\_\_

Time: \_\_\_\_\_

## Directions...

Open the camera on your cell phone. Hover over the appropriate QR code below (to the location you are heading) making sure the QR code for your destination is the only one showing on your phone.

**iPhone Users** - Touch to open the yellow link that appears. Touch start and you are on your way.

**Android Users** - Touch the link in the show options pop up box that appears. Touch start and you are on your way.

**Note** - If the above instructions don't work, make sure your phone is on wifi (or using cellular data) and try again.

**MAIN CAMPUS**  
4235 Secor Road,  
Toledo



**MAUMEE CAMPUS**  
1200 Medical Center Pkwy,  
Maumee



The  
**Toledo** | Imaging  
Clinic | Center

419-479-5935

ToledoClinic.com

# High Definition 3D Mammography

Patient Information Brochure



The  
**Toledo** | Imaging  
Clinic | Center

Choose well, feel better.®

# How is Mammography Performed?



You will need to undress above the waist for this procedure. You will be given a warm gown to wear during the mammogram. You and a board certified mammographer will be the only ones present during the mammogram. The mammographer will position each breast, one at a time, on the mammography equipment. The breast will then be compressed and the tomographic, high resolution, 3D x-ray will be taken.

The image will appear on the mammographer's computer screen and they will be able to make sure each image is of highest diagnostic quality before positioning you for the next tomographic, high resolution, 3D x-ray.

The entire process should take about 20 minutes.



Please come prepared for your mammogram by removing any perfume, powders or deodorant normally worn.

## Why Should You Have A 3D High Resolution Mammogram?

A mammogram is an x-ray examination of the breasts, used to detect and diagnose breast disease.

**1 in every 8 women will develop breast cancer within her lifetime and 8 out of 9 women diagnosed with breast cancer have no family history.**

**It is recommended by The American College of Radiology that patients at average risk for breast cancer begin annual screening mammography at age 40.**

**Our Women's Imaging Center at The Toledo Clinic focuses on privacy and comfort while keeping costs significantly lower than the area health systems.**

A low dose of radiation is used during the examination so your radiation exposure is kept below the FDA guidelines. The Genius™ 3D Mammography™ exam reduces callbacks by up to 40% and is proven to find 20-65% more invasive breast cancers.

## After Your Mammogram:

Following your mammogram, you can dress and return to your normal routine.

Your mammogram will be read by a board certified radiologist. The radiologist will send a report to your physician within 48 hours. You will receive a letter from The Toledo Clinic regarding your results within 7 days.

Be sure to check with your physician when you receive the results of your mammogram. If you do not hear from your physician, DO NOT assume your mammogram was normal. Confirm this by calling your physician's office.

The Toledo Clinic will also send a yearly reminder for your annual screening mammogram.